

Bem-vindo • Welcome



# SAGRES

Restaurante Marisqueira



# Corvette

Pão/ Bread	
Manteiga/ Butter	30.00Mt
Pão de Alho/ Garlic Bread	40.00Mt
Pão de Alho com Queijo /Garlic Bread with Cheese	200.00Mt
Azeitonas/ Olives	240.00Mt
Queijo/ Cheese	120.00Mt
	SQ

## Entradas/ Starters

Cocktail De Camarão/ Prawn Cocktail	580.00Mt
Carangueijo Ao Natural/ Cold Boiled Crab	780.00Mt
Camarão Ao Natural/ Cold Boiled Prawns 300g	680.00Mt
Lulas Grelhadas/ Panadas	400.00Mt
Calamari Grilled/ Deep Fried	
Tentaculos de Lula Grelhadas/ Panadas	400.00Mt
Calamari Tentacles Grilled/ Deep Fried	
Camarão Alinho/ Garlic Prawns	550.00Mt
Ameijoas/ Clams	550.00Mt
Mexilhão/ Mussels	620.00Mt
Rissois De Camarão (unidade)/ Prawn Cakes ea.	90.00Mt
Ostras (unidade)/ Oysters ea.	100.00Mt

## Entradas / Starters

Figados (Frango) / Livers (Chicken)	390.00Mt
Muelas / GIBLETS	390.00Mt
Chouriço (inteiro)	680.00Mt
Bife Trinchado / Cut Steak	550.00Mt
Chamussa (carne) (unidade) / Samoosa (meat) ea.	90.00Mt
Travessa De Petisco / 2 Pessoas	
Snack Platter / 2 People	980.00Mt
<small>(Rissole, Samoosas, Lula Grelhada, Bife Trinchado, Figados, Muelas, Chourico, Mexilhao)</small>	
<small>(Rissole, Samoosa, Grilled Calamari, Cut Steak, Livers, GIBLETS, Chorico, Mussels)</small>	
Travessa De Petisco / 4 Pessoas	1,800.00Mt
Snack Platter / 4 People	

## Sopas / Soups

Sopa de Legumes / Vegetable Soup	270.00Mt
Sopa de Peixe / Fish Soup	270.00Mt
Sopa de Marisco / Seafood Soup	370.00Mt
Caldo Verde / Green Soup	360.00Mt
<small>(Sopa de Couve com Pure de Batata, Alho, Azeite, Leva Chouriço)</small>	
<small>(Cabbage Soup with mashed potato, garlic, olive-oil and Chouriço Sausage)</small>	

# Saladas/ Salads

## Salada de Marisco/ Seafood Salad 680.00Mt

(Camarão, Mexilhões, Lula e com Alface, Tomate, Pepino, Cebola e Azeitona Temperada Com um molho Vinagrette e com um Molho de Marisco de Mayonnaisse por cima)  
(Prawns, Mussels, Calamari with Lettuce, Cucumber, Onion and Olives, Sprinkled with Vinaigrette and topped off with a Seafood Sauce)

## Salada de Atum/ Tuna Salad 600.00Mt

(Atum com Ovo Cozido com Alface, Tomate, Cebola e Azeitona temperado com Azeite e Vinagre com molho de mayonnaisse) (Tuna with Boiled Egg, Lettuce, Tomato and Olives Sprinkled with Olive Oil and vinegar with mayonnaisse sauce)

## Salada de Polvo/ Octopus Salad 580.00Mt

(Polvo Trichado com Cebola, Alho e Salsa Picada com Azeite e Vinagre)  
(Octopus with Chopped Onion, Garlic and Parsley with Olive Oil and Vinegar)

## Salada Portuguesa/ Portuguese Salad 320.00Mt

(Alface, Tomate, Pepino, Cebola e Pimentos Com Azeitonas Temperado com Azeite e Vinagre)  
(Lettuce, Tomato, Cucumber, Onion and peppers with Olives Sprinkled with Olive-Oil and Vinegar)

## Salada Grega (Tradicional)/ Greek Salad 470.00Mt

(Tomate, Pepino, Cebola com Azeitonas e Queijo Feta Temperado com Azeite e Vinagre)  
(Tomato, Cucumber, Onion with Olives and Feta Cheese Sprinkled with Olive-Oil and Vinegar)

## Salada de Frango/ Chicken Salad 580.00Mt

(Alface, Tomate, Cebola, Pepino e Azeitonas com Frango Grelhado e Queijo Mozzarella Temperado com um Molho Vinagrete e Mayonnaisse) (Grilled Chicken with Mozzarella Cheese with Lettuce, Tomato, Onion, Cucumber and Olives. Sprinkled with a vinaigrette sauce and Mayonnaisse)

# Bacalhau

## Bacalhau Assado/ Grilled Bacalhau 1,750.00Mt

(Servido com Batata Cozida, Pimento, Cebola e Azeitona, Temperado com Azeite Quente e Alho)  
(Served with Boiled Potato, Peppers, Onion and Olives with Hot Olive Oil and Garlic)

## Bacalhau Cozido/ Boiled Bacalhau 1,750.00Mt

(Servido com Batata Cozida, Legumes, Cebola Cozida Ovo Cozido e Um Dente de Alho)  
(Served with Boiled Potato, Vegetables, Boiled Onion, Boiled Egg a clove of Garlic)

## Bacalhau a Braz 1,350.00Mt

(Bacalhau Desfiado, frito em Azeite, Cebola, Alho, Ovo e Batata a Pallito)  
(Shredded Bacalhau Pan Fried with Olive-Oil, Onion, Garlic, Egg and Stick Potato Chips.)

# Peixe/ Fish

Lulas Grelhadas/Panadas Calamari Grilled/ Fried in Batter	900.00Mt
Tentaculos de Lulas Grelhadas/ Panadas/ Calamari Tentacles Grilled/ Fried in Batter	900.00Mt
Peixe do Dia Grelhado (Posta) Fresh Line Fish (Cutlet)	950.00Mt
Garoupinha/ Baby Rockod (Whole)	1,100.00Mt
Vemelhão Inteiro/ Whole Soldier (Slinger)	950.00Mt
Sardinhas (5) / Sardines <small>(Assadas na Brassa Servidas cpm Batatas Cozidas, Pimentos, Cebola e Azeitonas, Temperado com Azeite) (Char Grilled, Served with boiled potatoes, peppers, onions and olives, sprinkled with olive oil)</small>	980.00Mt
Linguado Grelhado/ Grilled Sole	1,450.00Mt
Kingclip Grelhado/ Grilled Kingclip	1,350.00Mt
Fillet de Peixe/ Fish Fillet <small>(Varios/ Various)</small>	1,100.00Mt
Fillet de Peixe Termidor	1,250.00Mt
Fish & Chips (Pescado - Panado) (Fish in batter) <small>(Servido com batatas fritas/ served with chips)</small>	780.00Mt
Atum (Filet) Com Molho de Mel e Mostarda Tuna Fillet in a Honey & Mustard Sauce	1,250.00Mt

*(Todos os Pratos nao estipulados sao servidos com batata frita e arroz, mas podem ser substituidos por batata cozida, legumes ou salada. Escolha de dois) (All plates not stipulated are served with fried chips and rice, but can be substituted for boiled potatoes, vegetables or salad if specified. Choice of two.)*

# Marisco/ Shell Fish

**Camarão a Sagres (10) / Prawns ala Sagres 1,300.00Mt**

(Camarões Medios Grelhados Na Braza) (Medium Prawns Grilled on an Open Fire)

**Camarão Grande (8) / King Prawns**

(Grelhado Na Braza) (Grilled on an open fire)

~~2,100.00Mt~~

**Camarão Tigre/ Tiger Prawns**

(Grelhado Na Braza) (Grilled on an open fire)

SQ

**Camarão Panado/ Deep Fried Prawns**

1,100.00Mt

**Lagosta Grelhada/ Grilled Crayfish**

2,100.00Mt/kg

**Lagosta Termidor/ Crayfish Thermidor**

2,300.00Mt/kg

(Lagosta Tirada da Casca e Cozida, Depois Posta e Novo Dentro da Casca, com Um Molho De Bechamel e Queijo, e vai ao Forno.) (Crayfish meat taken out of the shell and boiled, then put back in with a white mushroom and cheese sauce, and placed in the oven.)

**Langoustines Grelhados/ Grilled Langoustines**

SQ

**Grelhado de Marisco/ Seafood Mix Grill**

2,100.00Mt

(Lagosta, Camarão, Lula, Mexilhão e Peixe) (Crayfish, Prawns, Calamari, Mussels and Fish)

**Mariscada (2 Pessoas) /**

4,200.00Mt

**Seafood Platter for 2(45min)**

(Marisco, Lagostas, Camarão, Lula, Mexilhão, Carangueijo, Ameijoas e Peixe, Cozido num Molho De Marisco a Base de Tomate e Cebola Servido Com Arroz) (Seafood, Crayfish, Prawns, Calamari, Mussels, Crab, Clams and Fish Broiled in a Seafood Sauce of an Onion and Tomato Base, Served with Rice)

**Arroz de Marisco (2 Pessoas) /**

1400.00Mt

**Seafood Rice for 2 (30 Min)**

**Arroz de Marisco (1 Pessoa) /**

750.00Mt

**Seafood Rice for 1 (30 Min)**

(Arroz de tomate com alho e cebola com camarão, lula, carangueijo, mexilhão e ameijoas) (Rice with Prawns, Calamari, Crab and Mussels Stewed in a Onion, Tomato, Garlic and Olive Oil Sauce, with Fresh Coriander)



# Marisco / Shell Fish

Espetada de Marisco / Seafood Kebab 1,100.00Mt  
(Camarão, Lula e Peixe, Grelhado. Servido com Batata Frita e Arroz) (Prawns, Calamari and Fish, Grilled. Served with Chips and Rice)

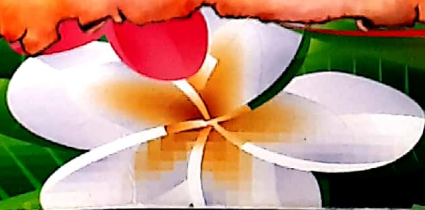
## Caril / Curry

Caril de Camarão 980.00Mt  
Caril de Carangueijo / Crab Curry 980.00Mt  
(Com casca) (In the shell)  
(Caril Servido com Arroz Branco) (Curry Served with White Rice)

## Combo's

Frango e Camarão / Chicken and Prawns 1,100.00Mt  
Frango e Lula / Chicken and Calamari 1,100.00Mt  
Camarão e Peixe / Prawn and Fish 1,100.00Mt  
Peixe e Lula / Fish and Calamari 1,100.00Mt  
Lula e Camarão / Prawn & Calamari 1,100.00Mt  
Espetada De Lula e Chouriço 1,100.00Mt  
Espetada / Calamari & Chouriço 1,100.00Mt

Avenida Da Marginal 4272, Maputo  
Mocambique | Tel: 21495201



## Carne/ Meat

Frango/ Chicken	400.00Mt
Meio Frango/ Half Chicken	530.00Mt
Costeleta de Vitela (500g)/ T Bone Steak	1,200.00Mt
Costeleta de Porco/ Pork Chops	400.00Mt
Espetada de Frango/ Chicken Espetada	850.00Mt
Espetada de Carne/ Beef Espetada	450.00Mt
Bitoque/ Mini Steak	630.00Mt
Lombinhos de Porco em vinhos de alho/ Pork steaklets in a wine garlic sauce	850.00Mt
Bife Grelhado Sirloin/ Grilled Steak Sirloin (300g)	450.00Mt
Bife Grelhado, Alcatra/ Grilled Steak Rump (300g)	450.00Mt
Bife Grelhado, Fillet/ Grilled Steak Fillet (250g)	1,050.00Mt

### Mar e Terra/ Surf & Turf 1,300.00Mt

(Fillet Grelhado, com Camarao Posto por Coma, com Molho de Bechamel e Queijo Ralado Posto por Cima, Servido com Batata Frita e Arroz) (Fillet Steak, Grilled with Prawns on Top, Topped with a white mushroom sauce and grated cheese, served with chips and rice)

### Bife a Portuguesa/ Portuguese Steak 1,100.00Mt

(Sirloin Grelhado, Depois Passa Por a Frigideira Com Molho de Alho e Vinho Tinto e Leva Flambre com Um Ovo a Cavalho) (Sirloin Steak grilled then pan fried with garlic, red wine sauce then a piece of ham is placed on top with an egg)

### Bife fillet com Pimenta Preta em Grão Moida/ 1,150.00Mt

Freshly Ground Black Pepper Fillet Steak

(Fillet Grelhado com Pimenta Preta Moida, Depois passa na frigideira com molho de Vinho Tinto) (Fillet Steak, Grilled with Freshly Ground Black Pepper, then Pan Fried with red wine sauce)

### Picanha / Rump Cap (300g) 1,100.00Mt

Arroz, Feijão Preto, Farofa e Banana Frita  
Rice, Black Beans, Farofa & Fried Banana

## Molho/ Sauces

Bechamel/ Mushroom	170.00Mt
Queijo/ Cheese	170.00Mt
Pimenta Com Nats/Cream Pepper	170.00Mt

(Todos os Pratos nao estipulados sao servidos com batata frita e arroz, mas podem ser substituidos por batata cozida, legumes ou salada. Escolha de dois) (All plates not stipulated are served with fried chips and rice, but can be substituted for boiled potatoes, vegetables or salad if specified. Choice of two.)



# Vegeteriana/ Vegetarian

Travessa Vegeteriana/ Vegetarian Platter 690.00Mt

(Legumes Saltados, Cuberto com Molho Bechamel e Queijo Relhado)  
(Sautéed Vegetables Covered with a White Mushroom Sauce and Cheese Topping)

Caril de Legumes/ Vegetable Curry 680.00Mt

## Prego no Pão / Prego Roll

Prego / Prego Roll (Steak Roll) 400.00Mt

Prego de Frango/ Prego Roll Chicken 400.00Mt

Prego de Atum/ Prego Roll Tuna 480.00Mt

Bifana (Porco)/ Bifana (Pork) 400.00Mt

Adicionar batata frita / Add Chips 50.00Mt

## Tostas

Mista/ Ham & Cheese 250.00Mt

Queijo Tomate/ Cheese and Tomato 200.00Mt

Atum e Mayonnaise/ Tuna & Mayonnaise 290.00Mt

Frango e Mayonnaise/ 280.00Mt

Chicken and Mayonnaise  
Adicionar batata frita / Add Chips 50.00Mt

## Extras

Dose de Batatas / French Fries Dose 170.00Mt

Dose de Arroz/ Rice 160.00Mt

Dose de Legumes/ Vegetables 190.00Mt

Saladinha/ Side Salad 160.00Mt



# Sobremesa/ Desserts

Bolo de Caju/ Cashew Nut Cake	320.00Mt
Tarte de Queijo/ Cheese Cake	350.00Mt
Tarte de Maracuja/ Passion Fruit Tart	320.00Mt
Molotoff/ Delicia do Sagres	320.00Mt
Bolo de Ananaz/ Pineapple Cake	320.00Mt
Mouse de Chocolate/ Chocolate Mousse	320.00Mt
Banana Split	320.00Mt
Pudim Fla/ Cream Caramel	320.00Mt
Salada de Fruta/ Fruit Salad	280.00Mt
Bolo de Bolacha/ Biscuit Cake	350.00Mt
Sorvette Baunhilla com molho de Chocolate/	310.00Mt
Vanilla Ice Cream with Chocolate sauce	
Bola de Sorvette/ Scoop of Ice Cream	140.00Mt
Dom Pedro (Whisky) (Amarula, Kaluha)	390.00Mt

# Cafés/ Coffees

Café/ Expresso	80.00Mt
Descafinado/ Decaf	90.00Mt
Café Duplo/ Double Expresso	130.00Mt
Café Machiatto	100.00Mt
(Cafe com Leite Fervido) (Expresso with Froth Milk)	
Café con Panna	100.00Mt
(Cafe com Natas) (Expresso with Cream)	
Cappuchino	150.00Mt
Café Latte (Galao)	150.00Mt
Café Mocha	170.00Mt
Chocolate Quente (Hot Cholocate)	170.00Mt
Cha/ Tea	100.00Mt
Irish Coffee	390.00Mt
(Whisky, Kahalua, Amarula)	